

August

Summer months can be a great time to learn! There are so many outdoor activities to do in the summer. Be sure to join in and play with your child. When you play together and talk about what you are doing, you are helping your child learn new words and ideas.

Try these activities, songs, books, and crafts to help your child learn. Speak, sing, and talk about books with your child in your own language.



Activities

Camping

Camping is a great way to learn about the outdoors!

- Talk about what you do, see, and hear when you . . .
 - Go for a hike.
 - Go fishing.
 - Sit by a fire.
 - Swim in the lake.
- Watch for animals, insects, cool rocks, flowers, and big trees.

Beach

Visiting the beach is a great way to learn! Look for a lake close to where you live.

- Make sandcastles, go swimming, or have a picnic.
- Talk about how the sand feels – rough, wet, cold, or hot.
- Don't forget to wear your hat
- If you have a raft, canoe, or boat, take your child with you and explore. Just remember to wear a life jacket.
- Throw rocks in the water. Talk about how far you can throw them and the splash they make.



Books

Go to your local public library to find these and many more great books.

Too many bunnies by Matt Novak
 Happy Easter eggs by Joan Holub
 Farm 123 by Rod Campbell
 I went walking by S. Williams
 Hattie and the fox by Mem Fox
 Dear zoo by Rod Campbell
 Pigs by Robert Munsch
 If you give a mouse a cookie by Laura Joffe
 Numeroff. Have you seen my cat? By Eric Carle
 The rainbow fish by Marcus Pfister
 Bear wants more by Karma Wilson and Jane Chapman



Songs and rhymes

Want to learn more songs and rhymes? Look for a parent-child music class in your area.

The sky so blue

(sung to the tune of *Twinkle, twinkle, little star*)

Way up in the sky so blue, (reach up in the sky with both hands)

Two little clouds said “peekaboo”. (play peekaboo with hands)

The wind blew the clouds just as hard as it could. (rub hands together and shiver)

Down came the raindrops*. (fl utter fingers down)
 And ooh...they felt good!

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Down came the raindrops*. (fl utter fingers down)
 And ooh...they felt good!

* You can even change this to snowflakes to match the weather changes.



Crafts

For free printable colouring pages visit www.coloring.com

Make your own bubbles – A great outdoor activity

Materials needed

- Large (2 litre) bottle
- Warm water
- 1 cup of dish soap
- 2 tablespoons corn syrup

Instructions

Fill a large bottle (2 litre or larger) with warm water. Leave room for the soap and corn syrup. You must put the water in first, or you will have a bottle full of suds. Add the dish soap and corn syrup. Stir a bit and then put the lid tightly on the bottle. Gently shake the bottle to make sure it's all mixed. Let the bubbles stand for a bit to let the air settle. Use it with your favourite wand. Remember to have fun and blow some bubbles together with your child. Take turns blowing and chasing the bubbles.

To learn more visit www.healthykidsptbo.ca

