



Healthy Kids Community Challenge Leadership Committee

MINUTES

November 13, 2017

2:00 – 3:30 pm

Dr. J.K. Edwards Board Room, Peterborough Public Health

Present: Hallie Atter (Chair), Joëlle Favreau, Claire Townshend, Diane Mather, Charlotte Vanspronsen, Gerry Barker (via teleconference)

Regrets: Sandra Robinson, Peter Mangold, Linda Mitchelson, Lise Leahy

1.0 Welcome

2.0 **Approval of Agenda** – The agenda was approved as written.

3.0 **Approval of Minutes from September 20th, 2017 and October 18th, 2017** – approved.

4.0 Business Arising

4.1 Guest Speaker: Carolyn Doris, PPH Re: [Peterborough Food Charter](#) Endorsement

- Carolyn gave a presentation to the group and discussed the connections between the goals/purpose of the Food Charter and HKCC. The group discussed the relevance of endorsing on behalf of HKCC, and all voted in favour to support it. **Action: Claire will follow up with Carolyn about next steps.**

4.2 Ministry Updates & Reports

4.2.1 Theme 3 – update - No new updates

4.2.2 Theme 4 - update - HC link is hosting a conference with a breakout session specific for HKCC's. Claire is unavailable to attend but will get materials.

4.3 Budget

4.3.1 2017-2018 – Theme 3 -deferred

4.3.2 2018 – Theme 4 - defer to 5.1.

4.4 Leadership Committee Workplan - deferred

4.4.1 Working groups (terms of reference)

- Community engagement – communications, social media and events
- Business engagement/sponsorship

4.5 Theme 3: Choose to Boost Veggies and Fruit

4.5.1 Action Plan/Project Updates

- Healthy Canteens – Norwood is piloting a “healthy smoothie” option in their canteen.
- Education Day Training – November 17th – ½ day workshop for educators. Key note from Ontario Edible Education Network as well as schools who have been involved in T3 will be sharing their stories (eg. gardening and cooking together). Will be providing curriculum linked resources and providing teacher release time so they can attend.
- In the final stages of a provincial (OSNPPH) toolkit for child care supervisors and cooks. The toolkit will help staff incorporate more veggies and fruit, engage families and guide policy development.

- PRHC underway with their “picky eating” workshops which are being held at five locations for three different age groups (6 months – 1 year, 1- 3 years and 5 – 12 years) in the city and county throughout Nov.
- 18 month baby well visit updates are going well and staff are meeting with paediatric Nurse Practitioners regarding adapting the 18 month resource to add the “trust me trust my tummy” resource, all about the division of responsibility of eating.
- Nourish cooking activities are continuing.
- Peterborough Petes Partnership – HKCC will be at the next student night on Nov 23rd and the canteen is piloting healthy snacks combo (apples and milk vs hotdog and pop). They are currently developing a video to tie in all 4 HKCC themes with their players to show on game night and social media.

4.5.2 Rooting for Healthy Kids Dinner – Dec 7th, 6:30pm- 8:30pm @ PPH

- Discussed the upcoming celebration dinner for theme 3 activities. Everyone is welcome to attend. Claire will be sending the invite out to the entire HKCC partnership this week.

4.6 HKCC Partnership Engagement Session (Feb 2018) - deferred

4.7 Dropbox updates - Claire has updated the drobox.

5.0 New Business

5.1 Review Proposed Theme 4 Action Plan/Budget

- Group revived the proposed budget and action plan highlights. There were 15 submissions in total which exceeded the budget cap. A decision was made to reduce funding in most of the proposals in order to 1) ensure all the plans aligned with the theme, 2) come within budget, and 3) provide enough funds for us to have a really strong communication strategy to educate families about the importance of reducing screen time. A minor change to include budget for the upcoming partnership session being planned was noted. No further changes were made to the action plan or budget. **Action: Claire will finalize the plans and budget and submit to the Ministry by Nov 15th.**

5.2 Request from PVNC’s Well-Being Advisory Group

- A request for HKCC to be represented on this committee. Discussed the benefits and link and decided it was a fit. Claire is not able to attend the next meeting (Nov 21st) but will contact Stefani Borosch and send her regrets and accept the invitation to be part of this group.

5.3 Request from Peterborough Family Literacy Committee

- Request for HKCC to support the upcoming Family Literacy Day in January with healthy snacks. Claire inquired about being part of this planning group in order to have resources distributed during the day. Discussed and group agreed it was a good fit. The next meeting is Dec 4th and Claire will contact Nancy Doherty (Peterborough Family Resource centre) to confirm.

6.0 Partner Updates - deferred

7.0 Next Meeting(s)

- **No December meeting. January date TBD – doodle poll sent to members:**
<https://doodle.com/poll/6hnyx2vpfwi5ih6u>

8.0 Adjourn – The meeting adjourned at 3:30 p.m.