

Social Services Division

Age-Friendly Peterborough

Peterborough Council on Aging

Presentation to: Sustainable Peterborough

May 9, 2014



Serving Peterborough City & County

Peterborough Seniors Planning Table

- Started informally in 2009, inspired by Dr. Jenny Ingram, Geriatrician
 - Aging population and impact on service providers
 - Lack of communication and integration
 - Broad range of not-for-profit service organizations
 - Looking to the City for leadership or coordination
 - City agreed to co-sponsor and help organize events

Senior's Summits in 2009 & 2011

- Guest speakers, discussions, demonstration, workshops.
- Survey conducted in 2011 by Peterborough Social Planning Council.
- Recognized need for ongoing coordination and activities after 2011 event.
 - Started meeting on a monthly basis.
 - Developed Terms of Reference in early 2012.
 - Commitment to 2013 Senior's Summit.

2013 Senior's Month

(\$10,000 OTF Grant)

- Opening Ceremony
- Seniors Showcase
- Living Longer & Living Large
- Arts and Culture Week
- Theatrical Performance
- Senior Walks
- Recreation Centres (weekly programs)
- Seniors Summit



Peterborough Council on Aging

- Strategic Planning in early 2014
- New name and revised Terms of Reference
- Expanded mandate
- New Council Membership
- Committee Structure
 - Education & Advocacy
 - Age Friendly Peterborough
 - Events
 - Awards & Certification
 - Marketing & Communication

Senior's Month 2014

- PCOA moving to annual and ongoing activities through each of the five subcommittees.



Senior's Summit A Critical Dialogue

Thursday May 29th, 2014 12:30 pm - 7:00 pm
Wenjack Theatre @ Trent University
Admission: \$40 (\$20 for Seniors and Students)
FREE Parking, Hearing and Wheelchair Accessible

rewire YOUR THINKING ABOUT AGING

Jeffrey Simpson
National Affairs Columnist, *Globe and Mail*

Jeffrey Simpson has been the *Globe and Mail's* national Affairs columnist for more than 25 years. His latest book, *Chronic Condition: Why Canada's Health Care System Needs to be Dragged into the 21st Century*, examines how Canadian health care is ill-adapted to an aging population, and explores how to tackle this growing crisis. Mr. Simpson regularly contributes to television and radio programs, and is a sought-after speaker at major conferences in Canada and abroad.

1 pm

Chief Michael Nolan M.A., Dip. Ed, CCP(F) ...Presenting with... Sergeant Robin Sanders
Chief Paramedic Service & Director, Seniors Issues Coordinator, Crime Emergency Services, County of Renfrew Prevention Section of the Ontario Provincial Police

The Community Paramedicine program is growing in Ontario. There are 13 Ontario communities, with 10 more slated to join in 2014 that see their paramedics working in collaboration with other health care professionals to help patients, like seniors with complex conditions, live independently in their homes and communities. Chief Nolan and Sergeant Sanders will share the stage to explain how Community Paramedics and OPP are working together to offer insights into the possible future of the program.

2 pm

Geoff Fernie, PEng, PhD, CEng, FCAHS
Institute Director, Research, Toronto Rehabilitation Institute - UHN

Dr. Geoff Fernie is recognized as a world leader in engineering solutions for problems commonly encountered by people with disabilities. He is the principal investigator on a major infrastructure award from CFI, which funded the most advanced design, prototyping and testing facilities for rehabilitation technology and assistive devices in the world. He is focused on technology developments that maximize accessibility and create solutions to help people continue to live in their own homes.

3:10pm

Mayor Debbie Amaroso
City of Sault Ste. Marie

Mayor Debbie Amaroso has 40 years of experience in Health and Social Services was elected to City Council in 1997, and elected as Mayor in 2010. Under her leadership the City of Sault Ste. Marie has been accepted into the Network of Age-Friendly Cities and Communities by the World Health Organization. Mayor Amaroso will share this experience and the steps taken to make Sault Ste. Marie a more age-friendly community as Peterborough embarks on similar programs.

4 pm

Reception: 5:30-7pm (Light Snacks & Cash Bar) Speakers will be available for discussion and questions

To Register & Pay Online Visit www.seniors-summit.eventbrite.com
For more information contact: City of Peterborough (705)748-8830 xt.3211 seniors@peterborough.ca



Attend the 2nd Annual **Seniors Showcase**

rewire YOUR THINKING ABOUT AGING

A one stop shop for education, services and information

Monday, June 2, 2014
10am to 5pm
Peterborough Sport & Wellness Centre
775 Brealey Dr.
Peterborough, ON

- FREE ADMISSION
- FREE PARKING
- 100+ UNIQUE EXHIBITORS
- DEMOS & WORKSHOPS
- HEALTH, FINANCE, SAFETY & TRAVEL
- REFRESHMENTS ON SITE

• This show brings together community & business to help enrich the lives of Peterborough's Seniors

• Enjoy a fun-filled day learning about everything that Peterborough has to offer Seniors!

For more information visit www.peterboroughchamber.ca

Map showing location at Brealey Dr. and Lansdowne St. W.

Show Sponsor:  Presented by:    

www.peterboroughchamber.ca

Age-Friendly Peterborough

- To help Peterborough see itself from the perspective of older adults in order to identify where and how it can become more age-friendly.



Age-Friendly Peterborough

Committee Members

- Danielle Belair, Community Care Peterborough
- Dawn Berry Merriam, Peterborough Social Planning Council
- Alan Cavell, Older Adult
- Sarah Cullingham, United Way
- Stacey Hawkins, Central East Seniors Care Network
- Jane Hoffemeyer, Health Unit
- Chris Kawalec, City of Peterborough (Chair)
- Ann MacLeod, Trent/Fleming Nursing
- Lois O'Neill, Municipality of Trent Lakes
- Joanne Pine, Curve Lake First Nation
- Susan Russell, Older Adult
- Mark Skinner, Trent University
- Bryan Weir, County of Peterborough

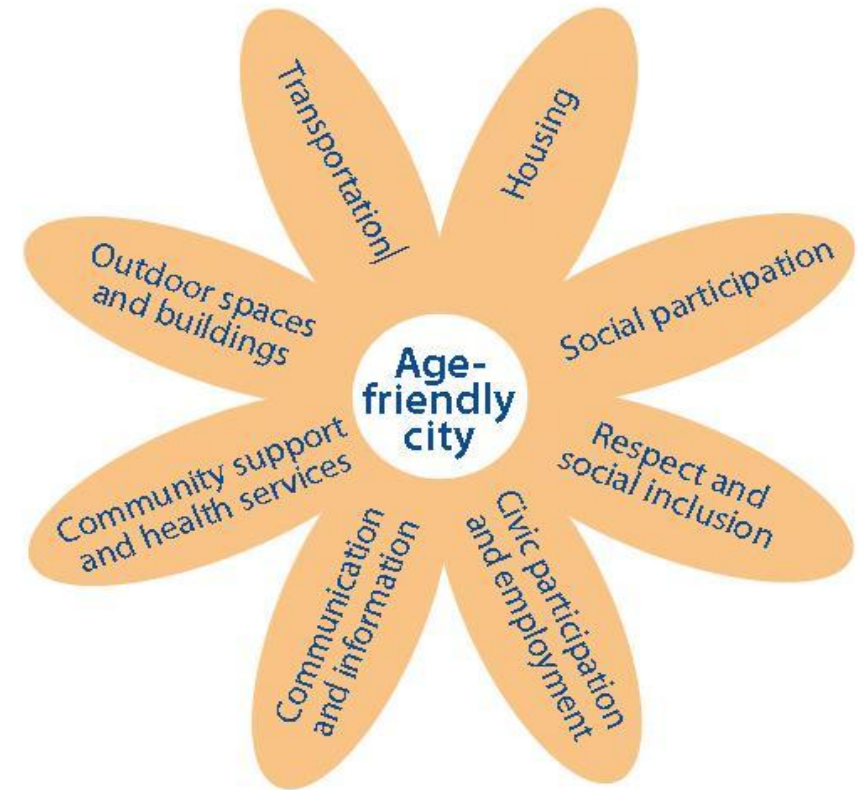
Active Aging

- Active aging is the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age. (World Health Organization)



Age-Friendly Plan

- Applying the WHO guidelines
- OTF Application (\$175,000 over 3 yrs)
 - Hire Coordinator
 - Baseline assessment of “age-friendliness”
 - Plan alignment
 - Consultation process
 - Develop strategies and partnerships for improvement
 - Plan development
 - Implementation and ongoing measurement



Age-Friendly Parks



Social Services Division

Chris Kawalec

Community Social Plan Coordinator & Seniors Portfolio

Co-Chair, Peterborough Council on Aging

Chair, Age-Friendly Peterborough

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